

# Cups to Teaspoons

| Cups | Teaspoons |
|------|-----------|
| 1/4  | 12        |
| 1/2  | 24        |
| 3/4  | 36        |
| 1    | 48        |
| 1.25 | 60        |
| 1.5  | 72        |
| 1.75 | 84        |
| 2    | 96        |
| 2.25 | 108       |
| 2.5  | 120       |
| 2.75 | 132       |
| 3    | 144       |
| 3.25 | 156       |
| 3.5  | 168       |
| 3.75 | 180       |
| 4    | 192       |
| 4.25 | 204       |
| 4.5  | 216       |
| 4.75 | 228       |
| 5    | 240       |
| 5.25 | 252       |
| 5.5  | 264       |
| 5.75 | 276       |
| 6    | 288       |